

Diaper Rash

Diagnosis	History	Physical Exam	Treatment
Irritant diaper dermatitis	Harsh soaps, change in diaper or wipe brand	Erythema on convex surfaces that touch diaper	Frequent diaper changes Leave open to air when able Clean area with plain water Zinc oxide barrier creams Severe: 1% hydrocortisone
Candidal diaper dermatitis	Thrush, recent antibiotics	Bright red, involves folds, satellite lesions	Topical nystatin or clotrimazole BID-TID Treat any thrush
Allergic contact dermatitis	Recent change in diaper brand or start pull-up use New soap or wipe brand	Rash where the elastic waistband / leg bands or allergen touch the skin	Avoid trigger Topical low-potency steroid cream
Bacterial	Pain, tenderness	Perianal strep : bright red, well-demarcated Impetigo: crusted or bullae	Oral cephalexin or clindamycin (if suspect MRSA) + mupirocin topical
3 helpful articles w/photos	Healthline	Healthy Children	Consultant 360