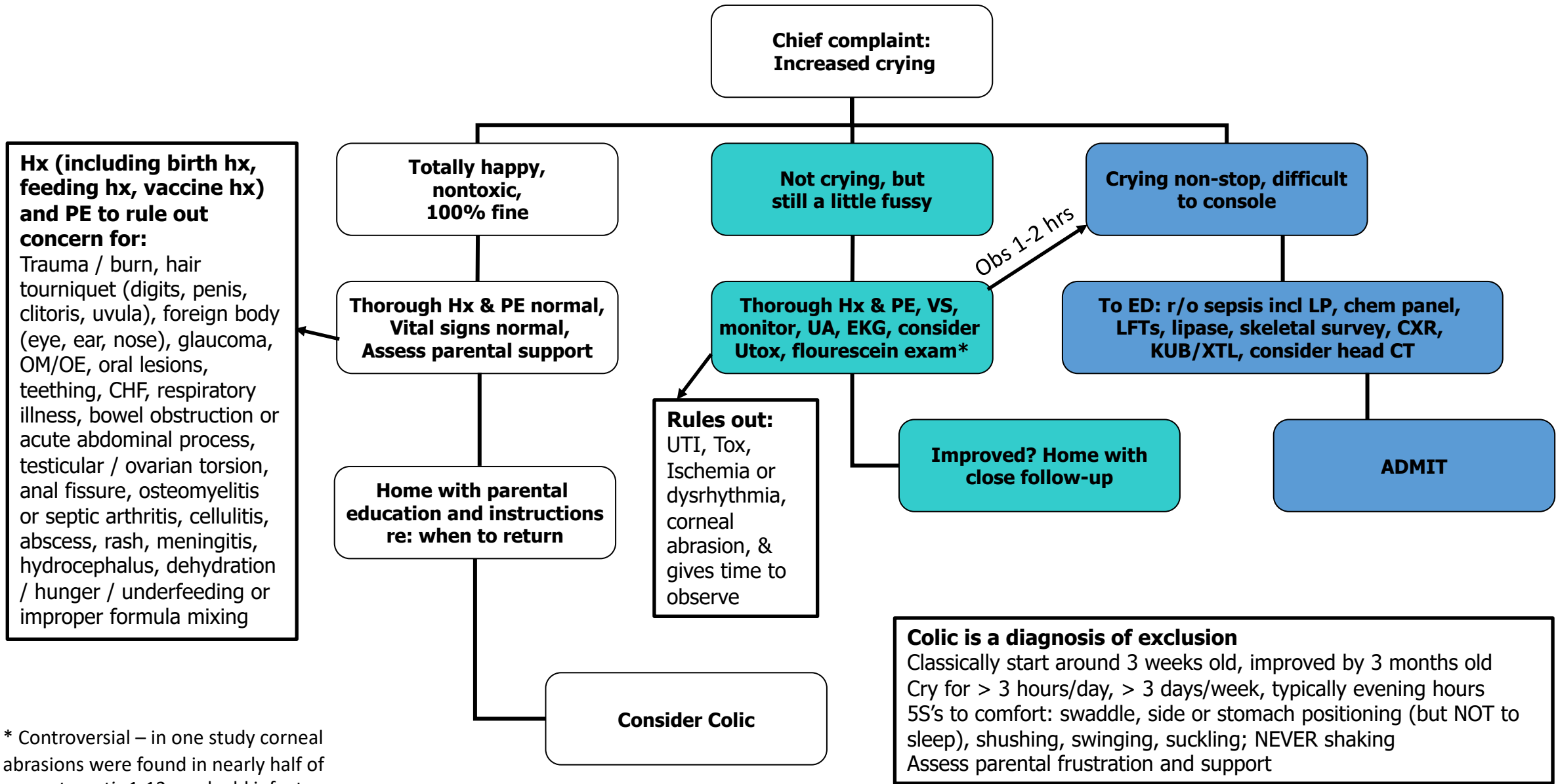


Crying Infant Algorithm



* Controversial – in one study corneal abrasions were found in nearly half of asymptomatic 1-12 week old infants
<https://pubmed.ncbi.nlm.nih.gov/20142290/>

Crying Infant Management

- Emphasize **never shake** baby
 - Place baby in crib and walk away – crying will not hurt the baby
- Parents **take turns**, seek help from others (grandparents, other relatives, hired caregivers)
- Often, the baby is no longer crying at the MD visit because the **motion** of the car has calmed the infant
 - Car ride, infant swing, take for a walk in the stroller
- **Swaddle** baby and consider a white noise generator – [video](#) explaining how to swaddle a baby
- Make sure to **burp baby well**
 - Bottle-fed – consider change in nipple if swallowing a lot of air
 - For persistent, may consider formula change – refer back to primary care physician to discuss further
 - Breast-fed – consider maternal diet diary to identify triggers
- Medications
 - Simethicone has not been shown to be effective and is expensive OTC
 - Probiotics have some limited evidence supporting their use, particularly *Lactobacillus reuteri*
 - Chamomile tea is OK to give as long as it is not replacing milk intake
 - Do not use Dicyclomine