JUNE



### **Clinical Scenario**

13 day old M infant– ex 33w admitted to NICU for respiratory distress, currently stable on RA – now with progressively increasing residuals.

т	HR	RR	BP	Sp0 <sub>2</sub>
37.1	161	44	62/37	99%

# **Physical Exam**

Infant lying supine in isolette with dusky, distended abdomen

## Workup

KUB: distended bowel loops, no obvious pneumatosis

The NICU attending suspects NEC. Of the following, the most appropriate management plan for this patient is:

- A. Consult pediatric surgery for immediate exploratory laparoscopy
- B. Start empiric vancomycin and cefotaxime, with consideration of adding metronidazole
- C. Start empiric ampicillin and gentamicin, with consideration of adding metronidazole
- D. Observation only as absence of pneumatosis rules out NEC

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13 day old M infant– ex 33w admitted to NICU for respiratory distress, currently stable on RA – now with progressively increasing residuals.

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**Physical Exam** 

Infant lying supine in isolette with dusky, distended abdomen

# Workup

KUB: distended bowel loops, no obvious pneumatosis

The NICU attending suspects NEC. Of the following, the most appropriate management plan for this patient is:

Invasive surgical intervention not indicated immediate exploratory laparoscopy

B. Start empiric vancomycin and

cefotaxime, with consideration of

Gent provides GNR coverage while amp provides adequate GPC and some anaerobic coverage. Flagyl may be indicated in C. Start empiric ampicillin and certain clinical gentamicin, with consideration of more anaerohic

activity

adding metronidazole

**D.** Observation only as absence of

pneumatosis rules out NEC-Radiologic evidence of NEC is often absent in the early stages; and present in <30% of confirmed cases. Empiric abx can significantly decrease NEC morbidity/mortality.



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NEC empiric regimen = ampicillin + gentamicin ± metronidazole

Most common bugs associated with NEC\* include E. coli, Klebsiella pneumoniae, Proteus mirabilis, Enterobacter cloacae, Clostridium perfringens, and Pseudomonas aeruginosa. Gent takes care of the GNRs while metronidazole takes care of the anaerobes.



- Radiologic evidence of NEC is often absent in the early stages; and present in less than 30% of confirmed cases
- Empiric antibiotics can significantly decrease neonatal morbidity & mortality
- Ampicillin lacks activity against the organisms listed above but remains part of empiric recommendations given neonates' propensity for vague presentations, thus necessitating the addition of empiric gram-positive coverage

SIGNATURE

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DATE