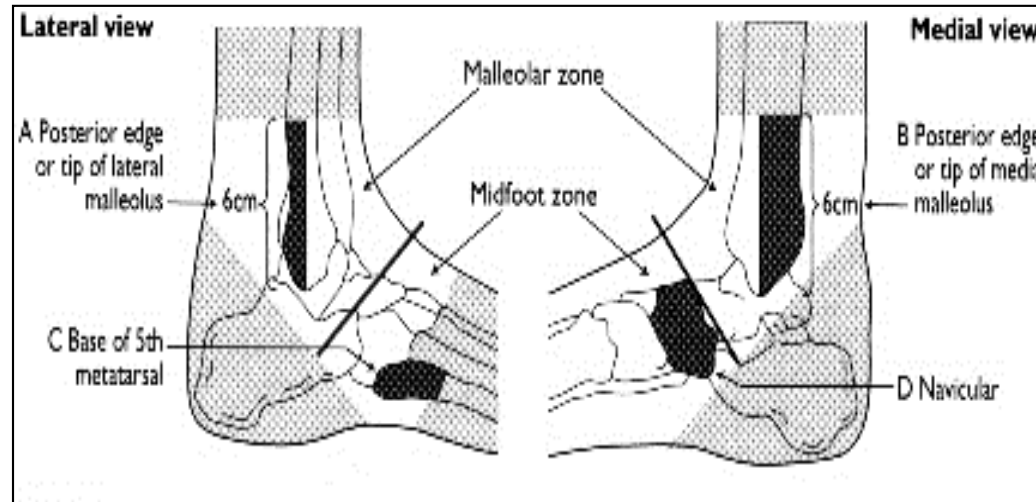


# Ottawa Ankle Rules



Ankle X-ray series indicated if pain in malleolar zone and any of these findings

Foot X-ray series indicated if there is pain in the mid-foot zone and any of these findings

Bone tenderness at A

Bone tenderness at B

Inability to bear weight both immediately and in the ED

Bone tenderness at C

Bone tenderness at D

Inability to bear weight both immediately and in the ED

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Dowling S, et al. Accuracy of the Ottawa Ankle Rules to exclude fractures of the ankle and midfoot in children: a meta-analysis. Acad Emerg Med. 2009; 16: 277-287